

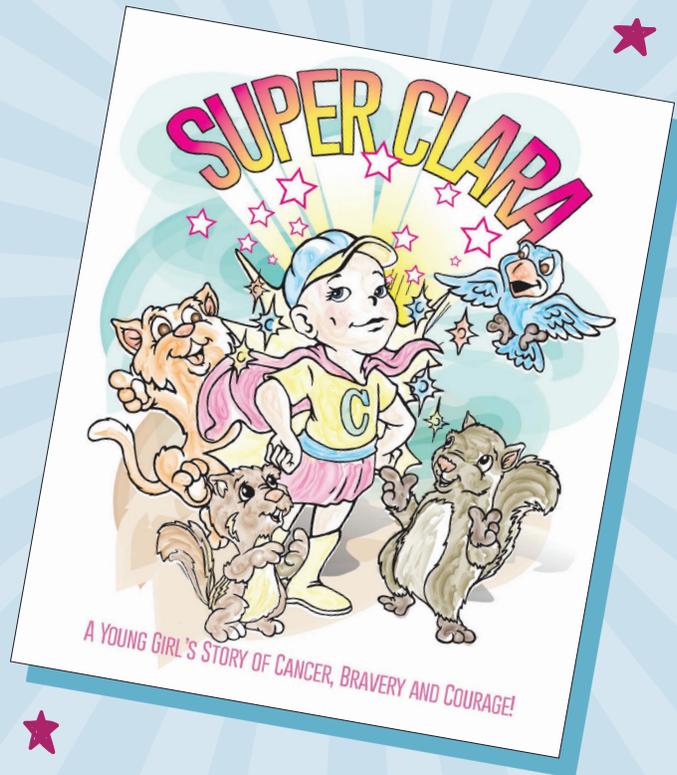
SUPER CLARA: A YOUNG GIRL'S STORY OF CANCER, BRAVERY, AND COURAGE!

TEACHER'S GUIDE

Brain cancer occurs in an estimated 4% of children in the United States.

The first year of life with cancer can be the most challenging with operations and treatments. SuperClara – a Young Girl's Story of Cancer, Bravery and Courage, presents answers in a way that instills comfort to the child battling a terminal disease and at the same time provides a much-needed injection of courage.

SuperClara's story can also be an inspiration to anyone who is discouraged for any reason; it puts life's challenges and disappointments into perspective. It helps people of all age be more appreciative of their present circumstances.



ABOUT THE BOOK

Clara is a girl who keeps a positive outlook on life even when she discovers she has brain cancer. She conquers her fears and shows others how to have courage. Clara is an inspiration to those who are going through troublesome times.

ABOUT AUTHOR ROBERT MARTIN

As an author and child advocate, Robert Martin is dedicated to inspiring kids to chase their dreams and helping those who can't. He is the author of several children's books, published by DreamChaser Publishing LLC, including two No. 1 Amazon bestsellers. He also publishes a blog for grandparents, parents and caregivers who share his desire to help children cope with the big challenges they face in today's world.

For more information and additional resources visit Robert Martin's blog at www.RobertMartinAuthor.com. Follow Robert Martin on Facebook, Twitter, Google+ and Pinterest. Net proceeds from all book sales go to the Bridge to a Cure Foundation, a nonprofit organization formed to increase the pace and success of pediatric research by unleashing resources already available today (www.BridgeToACure.org).

COMPREHENSION AND DISCUSSION QUESTIONS

1

What is Brain Cancer? Do you or someone you know have cancer and feel like Clara did when she found out?

2

How does Clara react when she goes back to school? How does she treat her school friends?

3

Give two reasons why this book is named Super Clara.

4

When Clara is down about the medicine she has to take, what does her mother do? How does that make Clara feel? Can you help someone to feel this way?

5

Describe how Clara becomes Super Clara and what her power is. How does she help her animal friends?

6

What was so special about Clara's attitude and why was this a good approach? Describe how you could use Clara's approach to help you deal with an unpleasant situation.

EXTENSION EXERCISES

BRING AWARENESS

Research a hospital near you with a children's cancer ward. Have the class make cards to bring to the children. Arrange a trip to give the cards and a hug to the children in the hospital.

TWO MINDS ARE BETTER THAN ONE

With your class, create a study board. First make a section describing ways to deal with any situation in life. Next, make a list of things that could help one another get through difficult times. And last, make a section where you can list anyone who may need this help right now. Put kindness into action.

BRINGING HOPE

Ask students to look at the Bridge to a Cure website: <https://bridgetoacure.org/>. Have the students make a plan on how they can get others to help find a cure for childhood diseases. Ask if they were the teacher, what suggestions from the link they would use in their classroom when dealing with a student with a disease. Discuss the findings and make a class plan that you can take to other classrooms and share for awareness.

WE NEED ENCOURAGEMENT

Everyone goes through difficult or discouraging times. Have the students think of the positive things in their life and make a list to read over. Create a space on a classroom wall to make a positive thinking wall. Have the students read their positive lists in front of the class. Once everyone has taken a turn, allow them to choose one positive thing to draw a picture of with the description of what it is. Hang these pictures as an inspiration wall for the class to enjoy.