

THE AMAZING NINJA BROTHERS: ENTERING THE DEEP UNKNOWN

TEACHER'S GUIDE

Help your students learn the power of understanding and kindness. The story of “Entering the Deep Unknown” is intended to help the classmates of a child with Attention Deficit Hyperactivity Disorder (ADHD) appreciate minds that work differently and how their support and kindness can make a difference. Use the questions and resources below to bring awareness to your classroom. Use this tool as a way to help children to understand more about fellow classmates that may have ADHD.

About The Book

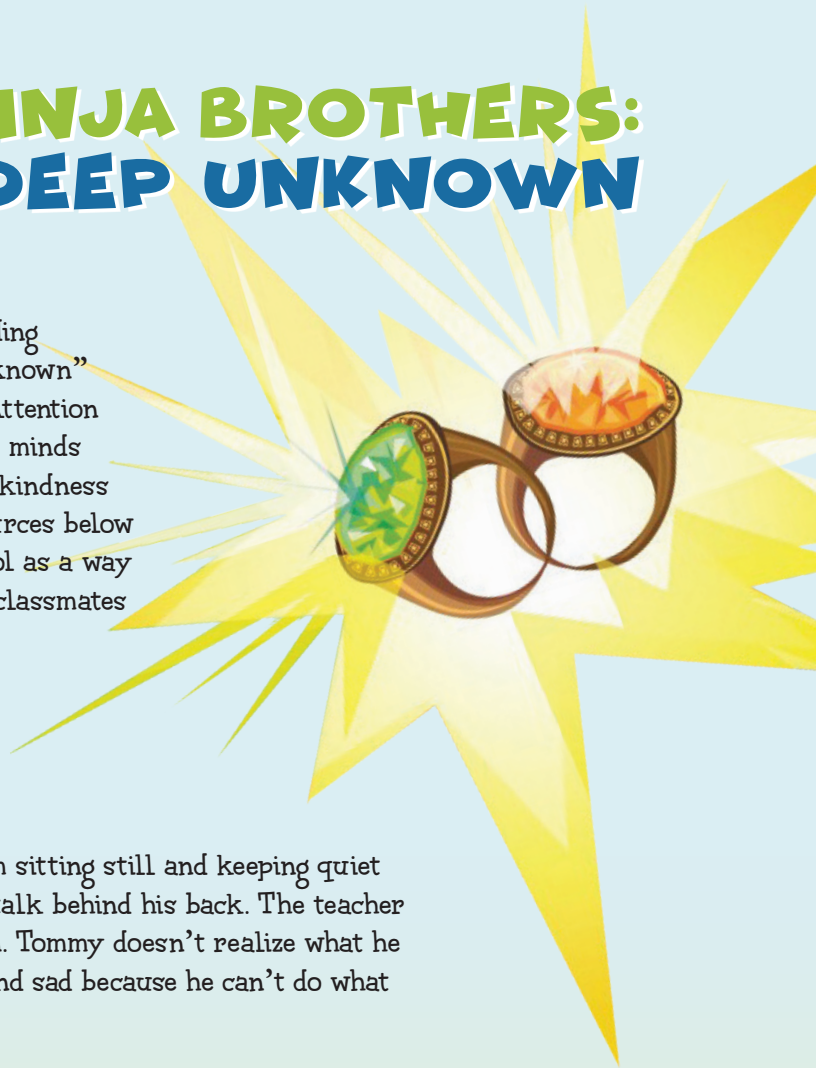
Aiden has a best friend, Tommy, who has a problem sitting still and keeping quiet during school. The students make fun of him and talk behind his back. The teacher is frustrated with trying to get Tommy's attention. Tommy doesn't realize what he is doing to upset everyone, but feels lonely, hurt and sad because he can't do what is expected of him.

With the help of their grandfather, Papa, and an old family secret, Aiden and his brother Jacob join forces to become the Amazing Ninja Brothers. Together they find a way to help Tommy cope with his ADHD, and his classmates gain understanding and empathy to be supportive. The story brings to life the power of kindness and inspires children to find more opportunities to apply it in their daily life.

About Author Robert Martin

As a grandfather, author and child advocate, Robert Martin is dedicated to inspiring kids to chase their dreams and helping those who can't. Martin's grandchildren are the motivation behind his writing career. He is the author of several children's books, published by DreamChaser Publishing LLC, including two No. 1 Amazon bestsellers. He also publishes a blog for grandparents, parents and caregivers who share his desire to help children cope with the big challenges they face in today's world.

Learn more about Robert Martin, read his articles, and shop for children's books at www.RobertMartinAuthor.com. Follow Robert Martin on Facebook, Twitter, Google+ and Pinterest. Net proceeds from all book sales go to the Bridge to a Cure Foundation, a nonprofit organization formed to increase the pace and success of pediatric research by unleashing resources already available today (www.BridgeToACure.org).



Comprehension And Discussion Questions

1

What is Attention Deficit Hyperactivity Disorder? Do you or someone you know seem to feel like Tommy did?

2

What occurred for Aiden to realize that his friend Tommy needed help? Do you have friends or family who may need your help the same way Tommy did?

3

Give two reasons why this book is named *Entering the Deep Unknown*.

4

What important things do Aiden and Jacob learn from their rings? What other ways can they use these rings in the future?

5

Describe how Aiden and Jacob work together to help Tommy. Do they always work together well? Why or why not? Do you work best with or without other people? Explain.

6

What happens when Aiden tries to help Tommy after learning about his ADHD? Can you do the same thing for your friends?

Extension Exercises

BRING AWARENESS

Present your class with findings about ADHD. Explain some ways in which others can realize if someone is dealing with this issue. Include some ways to help a person with ADHD.

TWO MINDS ARE BETTER THAN ONE

With your class, create a study board. First, make a section describing ways people with ADHD may experience things differently than others. Next, make a list of things that could cause distractions in a classroom for people with ADHD. And last, make a section of ways to help someone with ADHD stay focused during class.

BEING FRIENDS

Ask students to look at the Child Mind Institute link: <https://childmind.org/article/school-success-kit-for-kids-with-adhd/>. Have the students think about what they might do if they were the teacher in a room with a student or students with ADHD. What suggestions from the link would they use in their classroom? Discuss what they've learned, and consider arranging for student to go to other classrooms to make awareness presentations.

FIRE DRILL

In Chapter 9 the fire alarm goes off. There is an announcement that it is not a drill. The children freeze with fear - all but Tommy. Explain to the students how important it is to not freeze with fear in an emergency. When you prepare your students for emergency drills, remind them how Tommy kept his focus during this time, and emphasize that they can, too.